

MONTPELIER

The store of Wheelock and Dawley was burglarized Wednesday evening, a little after 9 o'clock. Carroll Pitkin and friends were going by the store on their way home, when, turning about, they saw a man standing near the store door. He moved away and it was seen that the glass in the door was broken. Mr. Pitkin watched the man who, after turning the corner of Elm and School streets, commenced to run. Mr. Pitkin ran after him, but the man escaped by going over Langdon avenue to Main street. However, a good description of the man was obtained. As far as could be learned the man took half a dozen revolvers. No money was touched. Others in the party went back to Main street and notified the police of the break. The police came to the store, but were unable to get any trace of the fellow. It was a bold break for there is a large street lamp burning so that it shines into the front of the store. The window was broken in, probably with a piece of iron pipe found inside the door. Several guns were knocked down, but nothing excepting revolvers seemed to be missing.

The adjutant general has received information that William Forbes Hurry of Barre was killed in action before Henry C. Putnam of Roxbury died and the certificate of his death, showing it to have occurred Sept. 17, 1916, has been filed with the adjutant general for record. Mr. Hurry went to France with the Canadian expeditionary forces. The certificate of his death is signed by W. E. Hodgins, adjutant general of the Canadian forces, with offices in Ottawa, Can. He was killed from the explosion of a mine when he was on top of a parapet.

The state fuel administrator has received a reply from the anthracite coal committee to the appeal in which he asked the committee to remove all embargo in Vermont. The reply states that the committee has removed embargoes then existing upon certain places in the state. The administrator has also received a statement from the committee that with rational conservation in the use of hard coal the rest of the year, conditions will be normal at the end of the year. Restrictions have been removed in all particulars excepting upon stove and nut coal; but this does not mean that users of soft coal can change back to hard coal, for they will need to continue the use of soft coal in order to observe a rational conservation of fuel.

Clark Sibley, as administrator, has settled his accounts in the estates of Sarah H. Foster and Frank S. Foster, late of East Montpelier.

Mrs. Clark Roberts, who was operated upon at Heaton hospital last week, continues to recover.

C. W. Litch, who has been at Heaton hospital, is home again, much improved in health.

Burt Bishop, who for many years was mail clerk on the local passenger train between White River Junction and Burlington, was a visitor in the city yesterday.

Use BOVININE

during convalescence after INFLUENZA GRIPPE & PNEUMONIA

IN these diseases the powers of bodily resistance and digestion are seriously impaired. BOVININE is concentrated animal food rich in blood-making power. It replaces destroyed blood elements, provides easily absorbable nutrition, and fights bacterial infection.

Use BOVININE early in an attack of pneumonia or influenza and continue its use till convalescence is complete.

12 oz. bottle - \$1.15
6 oz. bottle - .70

THE BOVININE CO.
75 West Houston St., New York

Whenever you sense a sick headache, or feel a bilious attack coming on, ward it off by the timely use of

BEECHAM'S PILLS.

Largest Sale of Any Medicine in the World. Sold everywhere. In Boxes, 10c, 25c.



The Market for Food Products Is Better Than Ever

It must remain so for a long time. Get ready to raise big crops and take care of them at a reasonable cost for labor.

THE BEEMAN TRACTOR

plows, harrows and cultivates. Takes the place of a horse.

Good for Big Farms.
Good for Little Farms.

Drives saws and belted machinery—4-horse power at the belt. It will pay you to get further information.

Ask for Beeman Catalog D. B.

J. L. ARKLEY, Barre, Vt.
BRACKETT, SHAW & LUNT COMPANY
62 North Washington St., Boston
Somerworth, N. H.

New address after February 1, 1919, 1 Washington Street, Boston, Mass.

"As a laxative, and for stomach trouble, Dr. Caldwell's Syrup Pepsin is a wonderful remedy. I suffered greatly from indigestion and found relief after using one bottle." (From a letter to Dr. Caldwell written by Cecil Fitzgerald, 829 14th St., Parkersburg, W. Va.)

Constipation is a condition that should never be neglected. The eliminative process is an essential factor in digestion and on its proper functioning depends the welfare of the entire system. Dr. Caldwell's Syrup Pepsin relieves constipation without griping or other discomfort.

DR. CALDWELL'S Syrup Pepsin

The Perfect Laxative

Sold by Druggists Everywhere
50 cts. (Per Bottle) \$1.00

A TRIAL BOTTLE CAN BE OBTAINED, FREE OF CHARGE, BY WRITING TO DR. W. B. CALDWELL, 459 WASHINGTON STREET, MONTICELLO, ILLINOIS

terday Mr. Bishop was not very well following a recent accident in which he was among the injured and has not resumed his work.

The club rooms to be used by the boys and girls of Montpelier will be opened to the public Saturday evening for inspection, and the citizens of the city are invited to attend the rooms at any reasonable hour during the evening.

D. F. McGovern, who has been connected with the Cooley-Wright Manufacturing Co., formerly M. Wright & Son Co., for 14 years, has become affiliated with the Lane Manufacturing Co., who are to manufacture a complete line of polishing machinery which Mr. McGovern has recently developed. Practically all the polishing wheels used for the last 14 years in the granite industry were developed by Mr. McGovern. In connection with machinery, Mr. McGovern will sell a complete line of polishing supplies and will call on the New England granite trade as in the past.

WELLS RIVER

Rev. Donald Fraser spent last Sunday at the Moody school at East Northfield, Mass. The pulpit was occupied by Rev. Charles Merrill of St. Johnsbury.

Merton Miller attended a conference at Cornell university at Ithaca, N. Y., last week.

Young George Smith, while coasting on Brook hill, collided with an automobile, but outside of severe bruises and cuts, he was uninjured. The machine was driven by Frank McLaughlin, who did everything possible to escape the collision, but owing to the slippery roads and the sharpness of the turn, it was impossible.

Miss Florence Crabtree of Joliet, P. Q., returned to her home early in the week, after a visit to her brother, Herbert Crabtree.

Attractive posters, made by the scholars of the high school, are out advertising a food sale to be held in the Red Cross rooms Saturday afternoon for the benefit of the senior class.

George Symes, who drove a light Red truck home from Boston last Sunday, reported that the roads were fine as far as Plymouth. From Plymouth to Pike he was compelled to shovel out several times, while from Pike to Wells River the roads were fine, and good time could be made.

Daniel G. Farwell has been confined to the house for several days with a severe attack of the grip.

Dumont Bailey left Wednesday for Tilton, N. H., where he has secured a position as teller in the National bank. Wendall Clark has entered the Bay-path Business school at Springfield, Mass. He left Tuesday night.

A party of several enjoyed a party at the club house on Tuesday evening. Supper was cooked and dancing enjoyed, music being furnished by a gramophone. At a late hour they snowed back home.

BETHEL

M. E. Gaskell and B. H. King have returned from St. Albans, where they attended the Vermont poultry show. Mr. King made no exhibits. Mr. Gaskell was awarded a silver cup for the best general exhibit of Silver Laced Wyandottes and the following prizes for his separate exhibits: 1st on cock, 2d and 3d on hens, 1st and 2d on cockerels, 1st and 3d on pullets, 1st on young pen, 1st on male, female, and shape and color, male. Mr. Gaskell sold a trio of birds in St. Albans. Mr. King bought a pair of Barred Plymouth Rocks.

Dr. Peter MacQueen lectured last evening at the town hall in the Woman's club course on "The War and the Peace Conference." A large number of good pictures were shown.

A. N. Washburn's teams have continued to draw logs on sleds to the mill from the Parsons lot each day, including yesterday, although sleighing is otherwise abandoned. This has been possible because of the special care given to flooding and snowing the roads over which the teams pass.

A PAIN REMEDY

Prepared for Family Use

Radway's Ready Relief

25c 50c For Seventy Years

All Druggists Tried and True

EXTERNALLY FOR INTERNALLY FOR

Sprains Lumbago Cramps Stomach
Bruises Sore Throat Diarrhea Nervousness
Neuralgia Cold in Head Rheumatism
Sciatica Toothache Indigestion Headache

RADWAY & CO., 208 Centre St., New York.

Bay State Paints

For Every Purpose
WADSWORTH, HOWLAND & CO., Inc.
Boston, Mass.

EAST CORINTH

There was quite a good attendance at the roll call of the Congregational church in the vestry Jan. 16. Several letters from absent members were read. A pleasant social hour was spent after the meeting, with light refreshments served.

This week the campaign for relief work in the near East is on. We hope to exceed our quota as in former campaigns.

A goodly number of ladies met at the library Tuesday to sew for the Red Cross and a large amount of work was done. The meeting next week will be Wednesday afternoon, instead of Tuesday.

The Home Projects club held its annual meeting and election Friday. Mr. Juggals and Mr. Lynch were present. They reorganized with Elva Darling, president; Adelaide Rowland, secretary; Earl Sweet, treasurer. Plans were laid for work during the year. Mr. Lynch and Mr. Juggals both gave talks. Cocoa and sandwiches were served.

The people here were very sorry to get news of the death of Mr. Lucius Ball at Guildhall, from influenza and complications.

Bowen's shop started up Monday making bobbins, so we now have a whistle blowing at each end of the town.

We hear that the mines at Pike hill are to shut down in the near future.

This week the creamery is putting in its supply of ice, which is exceptionally fine, about a foot thick and very clear. We do not know whether C. M. Page intends to run his shop all night or not, but those electric lights nearly turn night into day.

Charlie Grant, who was so seriously injured at the mill, seems to be improving a little.

Dr. and Mrs. Hudson, who were called to Middletown Saturday night, returned Tuesday night.

Lawrence Jackman returned to the school in Bradford Monday.

FEW CENTS DESTROYS YOUR DANDRUFF AND STOPS FALLING HAIR

Save Your Hair! Make It Thick, Wavy and Beautiful—Try This!

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf.

There is nothing so destructive to the hair as dandruff. It robs the hair of its luster, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not removed causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine to-night—now—any time—will surely save your hair.

Get a small bottle of Knowlton's Danderine from any drug store or toilet counter, and after the first application your hair will take on that life, luster and luxuriance which is so beautiful. It will become wavy and fluffy and the appearance of abundance, an incomparable gloss and softness; but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair—now hair—growing all over the scalp.—Adv.

EAST BARRE

At a joint installation of the Odd Fellows and Rebekahs, recently held in their hall, the following officers were installed by H. W. Clark, D. D. G. M., assisted by O. E. Philbrick, N. G., Alex. Cameron, V. G., John Wilson, secretary, Paul Snow, treasurer, H. A. McAllister, warden, G. I. Dobbs, conductor, G. S. Nye, R. S. N. G., John Chase, L. S. N. G., H. G. Hanson, R. S. V. G., M. J. Whitcomb, L. S. V. G., John Salter, chaplain, Rev. James Ramage, L. E., Fred Garrett, O. G., John Miller, R. S., M. E. Cutler, L. S. S., J. G. Gillerand, P. G., H. E. Sargent, Sister Cora Kennedy, D. D. P., assisted by Sister Jewett, D. M., installed the officers for the Rebekahs as follows: N. G., Josie Whitcomb; V. G., Abbie Waugh; secretary, Edith Snow; treasurer, Bertha Garrett; R. S. N. G., Eva Cutler; L. S. N. G., Florence McAllister; R. S. V. G., Cora Tucker; L. S. V. G., Addie Patterson; warden, Mary Salter; conductress, Eva Cameron; L. G., Annie Sargent; O. G., Fred Garrett; chaplain, Nellie Dobbs.

Mrs. Fred Tomlinson of Bristol, Conn., a former resident of this place, called on relatives and friends here Thursday.

Miss Emma Conroy is spending some time in Barre at the home of her brother, Kimball Conroy.

GROTON

Harry A. Pike, graduate optometrist and eyeglass specialist, will be in Groton at Mrs. Manley Carpenter's Tuesday and Wednesday, Jan. 28 and 29, and at South Ryegate Thursday, Jan. 30. Orders left at McLam's store.

What Men Think of Themselves

is disclosed in the amount of Life Insurance they carry. Think this over, and increase with us up to a reasonable amount—now. National Life Ins. Co. of N. Y. (Mutual). S. S. Ballard, general agent, Rialto block, Montpelier, Vt.

RANDOLPH

The quarantine in town will not be taken off till next week, and should there be many new cases, will extend longer. Most of the patients are doing well; but there are new cases reported each day, and every precaution is being taken to bring the epidemic to a close as soon as possible. Mrs. E. E. Briggs, who has been very ill, was more comfortable on Thursday. Her son, Alton Briggs, came from Burlington Monday night, bringing with him a trained nurse, who now has the care of her, with Mrs. Vinton to assist. Mrs. L. F. Butman is also improving. The health officer, Dr. Bailey, reports a total of 224 cases up to Thursday morning, but for the most part they are all improving.

Mrs. A. A. Priest went to East Granville Thursday to visit her sister, Mrs. Clarence Webb.

Mrs. Fletcher, wife of Dr. Fletcher of Gayville, was the guest on Thursday of Mrs. Frank Gould.

Miss Eleanor J. Clark went to Hanover, N. H., on Thursday to remain with friends till the school resumes its sessions.

Miss Mary Butterfield of Roxbury was a business visitor in town on Thursday. Mrs. Roisin of Pittsfield, who has been here to assist in the family of R. G. Plimley, left for her home on Thursday, leaving the family improving.

Charles Wood, who has been in the sanatorium for treatment while recovering from a surgical operation, has been moved to the home of his sister, Mrs. Alonzo Emery, and his regular nurse accompanied him there.

Robert V. Harrison of Lebanon, N. H., was a guest at the home of Mr. and Mrs. N. C. Buck Monday and Tuesday.

John Mudgett, who has been quite ill, has recovered and is now on the street again.

Philip Salisbury has returned to New York to take his old position with the New York Telephone company. Elmer Sault went to Rochester Saturday to conduct a barber shop there, which has been closed on account of the prevalence of influenza.

Louis Merusi has gone to Southern Pines, N. C., to assist his partner during the winter in conducting their fruit store. Mrs. Merusi and the eldest son are in charge of the store here.

Mrs. J. D. Wheeler, who has been in Boston for several weeks, came on Thursday to pass an indefinite time at the home of Judge and Mrs. J. W. Rowell.

George Hyzer has sold his farm, located over the line in Tunbridge, with stock and tools, to Norris E. Bray of Grover, N. H. Possession will be given the first of February, and in the spring Mr. and Mrs. Hyzer expect to come to their home on South Pleasant street to reside.

Misses Marjorie Morse, Grace Fiske, Helen Wheeler, Fannie and Lizzie Harrington, vocalists, Mary Lamson, Bertha Wheeler and Ruth Day, pianists, were in South Royalton Tuesday night to take part in the concert given there by G. H. Wilder and pupils.

The Direct Importing company, with Miss Edwina Flint in charge, will soon move from the Stokess block into the store formerly occupied by C. E. Stevens. The store is being put in readiness to occupy in the very near future.

A daughter, Grace Alice, was born to the sanatorium to Mr. and Mrs. Lester Wheelock of South Royalton.

WILLIAMSTOWN

Congregational church—Morning worship at 10:45; sermon subject, "A Big Prayer in Little Compass." Sunday school at noon. Classes for all. Union service at 7:30 p. m. Christian service on Tuesday evening at 7:30; topic, "Books That Have Helped Me."

An average of a dollar from each home would more than raise the town quota for Armenian and Syrian relief. Be sure to leave yours, or more or less, at one of the stores this week.

Miss Stella Wilfong has gone to Lynn, Mass., to attend a business college.

The Rural Good Luck club will meet with Mrs. Jennie Martin next Saturday afternoon to sew for the Red Cross.

Kerrett Waldo has gone to Plainfield to visit relatives.

Rural Carrier Robert E. Clifton is taking his annual vacation and the route is being covered by substitute John Irons.

NO QUININE IN THIS COLD CURE

"Pape's Cold Compound" Ends Colds and Grippe in a Few Hours.

Take "Pape's Cold Compound" every two hours until you have taken three doses, then all gripe misery goes and your cold will be broken. It promptly opens your clogged-up nostrils and air passages of the head; stops nasty discharge or nose running; relieves the headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness.

Don't stay stuffed-up! Quit blowing and snuffing. Ease your throbbing head—nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only a few cents at any drug store. It acts without assistance, tastes nice, and causes no inconvenience. Accept no substitute.—Adv.

PLAINFIELD

Old and young folks' social dance at D. L. hall Tuesday evening, Jan. 28, given by Pratt and Shorey. Four-piece orchestra, two floor managers, oyster supper, dancing 8 until 2. Admission, 25c; supper, 35c. Come all and we guarantee a good time.

DON'T ENDURE RHEUMATIC PAIN! HERE'S QUICK RELIEF FOR YOU

Stop the pain! Give me relief! That's what you want when you're hurt. That's what you get with Sloan's Liniment. It not only "kills pain," but does it quickly, without delay.

If you're tormented by Rheumatism, Neuralgia, Sprains, Bruises, Backache, and body or nerve pain—just see how quickly a little Sloan's Liniment gives relief. The very first application rests and comforts. Seems to reach right

INFLUENZA RUNS INTO NEURASTHENIA IN MANY CASES

Weak Nerves Following an Attack of Grip Must Be Built Up by the Tonic Treatment Before Health Can Be Restored

Every epidemic of influenza that has swept this country has left in its path victims who have recovered from the acute attack but remain semi-invalids as a result of the condition in which the disease left them. Neurasthenia is one of the most familiar after-effects of influenza and is responsible for a large percentage of deaths resulting from the epidemic. In children influenza sometimes develops spinal meningitis, in elderly people chronic bronchitis and rheumatism often follow an attack and nearly every victim of the plague has some form of neurasthenia or nervous debility.

So commonly is neurasthenia an after-effect of the grip and influenza that physicians have given this stubborn form of nervous trouble the name "post-grippal neurasthenia," meaning nervous prostration following the grip. One distinguished authority on nervous conditions says that, broadly speaking, every victim of the grip will suffer from post-grippal neurasthenia also. Lowering of nervous tone with increased irritability of the nerves is the most striking effect of the disease. Languor of mind and body often described as a tired feeling, disturbed and fitful sleep and vague pains in the head and elsewhere are common symptoms.

The condition is caused by under-nourished nerves. It calls for rest and the use of a non-alcoholic tonic. Neurasthenia is brought on in some cases by lack of rest and sleep, by worry and anxiety and many people who have cared for the sick during an epidemic find themselves suffering from it to the degree they have escaped the infection itself.

Tonic Treatment Recommended.

A highly successful treatment for neurasthenia and for the debility that so generally follows an attack of the grip or influenza is the use of a tonic that will build up the blood and enable it to carry proper nourishment to the starved nerves as is shown in the following statements.

Mrs. Jennie Cruikshank, of No. 517 North Barclay street, Waterloo, Iowa, did not regain her health after an attack of the grip until she tried this treatment. She says:

"The grip left me without any vitality whatever. I was weak and nervous, had no ambition and was generally run down. I had no color at all and was wasted away to a mere shadow of my former self. I was reduced in weight from 135 to 100 pounds. My appetite was poor and I was frequently confined to bed for two or three days or more.

"The doctors said that my blood was impoverished and my friends thought I was going into consumption. I had been sick for some time when I finally decided to try Dr. Williams' Pink Pills. I found them just suited for my case and after taking a few boxes I was fully recovered and had regained my normal weight. It gives me great pleasure to recommend Dr. Williams' Pink Pills."

Tonic Overcame Weakness.

Mrs. R. M. Dale, of No. 37 1/2 Grand street, Oneonta, N. Y., was one of the

GRANITEVILLE

A daughter was born yesterday to Mr. and Mrs. M. W. Churchill. Miss Mildred Miles arrived home today for a week-end visit.

W. H. Miles returned to-day from Burlington, where he has been visiting relatives.

Miss Agnes Carey is assisting in the postoffice.

Mr. and Mrs. Alvin McLeay have returned from Charleston, N. H., where they have been residing the past few years.

Alex Melver, who has been employed in Hartford, Conn., arrived here yesterday.

John Sales, who has been the guest of Mrs. Cornell, returned to his home in New York yesterday.

The teachers in the Graniteville schools are canvassing for the Armenian drive.

Norman McLeay and son have a new milk route and will deliver milk of good quality for 10 cents a quart. Mr. McLeay has placed in the Granite Savings bank of Barre \$100 as a guarantee that he will continue this delivery one year.

EAST MONTPELIER

Auditors' Meeting.

The board of auditors of the town of East Montpelier will meet Monday, Jan. 27, at the town clerk's office to audit town accounts, also at the same time and place there will be a meeting of the board of civil authority for abatement of taxes.

thousands who succumbed to Spanish influenza last November. She says: "I suffered a severe attack of Spanish influenza in the early part of November of last year and when I was pronounced cured and was able to leave my bed I seemed to have no strength left in my body. I had no appetite and couldn't sleep. There were periods of extreme nervousness and I had heart spells during which I had sensations of smothering.

"When I was a girl thirteen years old my mother had given me Dr. Williams' Pink Pills to build up my thin blood and restore my color. The results of the treatment at that time made such an impression on me that I determined to try them to overcome my weakness following the influenza attack. Within a week after I started the treatment with Dr. Williams' Pink Pills I began to regain my strength and to enjoy my food. I am no longer nervous and my heart is again normal. I take pleasure in recommending Dr. Williams' Pink Pills to my friends for I am sure they are invaluable following attacks of influenza."

Narrowly Escaped Pneumonia.

An attack of the grip verging close on pneumonia left Mr. Howard S. Myers, of No. 111 West Grand street, Elizabeth, N. J., so badly run down that he was unable to work steadily and was in almost constant pain.

"I had a dull pain across my back," Mr. Myers says, "and I was always tired. My kidneys were affected and I had no appetite and I was nervous at all times. I couldn't sleep well and would get up in the morning tired out and depressed."

"An article in a newspaper led me to give Dr. Williams' Pink Pills a trial. Within three weeks I noticed a change. I began to pick up, my color was good and I continued taking the pills for three months. To-day my appetite is restored and my nerves are quieter. I am able to work every day.

"I think it the duty of any one who has received the great benefit I have from a remedy to recommend it. I would use nothing else as a tonic."

Rheumatism Follows Grip.

Mrs. N. A. Harwood of No. 72 Warren avenue, Malden, Mass., suffered for over a year from after-effects of the grip before she found a remedy that restored her health.

"My condition was very serious," she says, "I was all run down and completely worn out. My system was a wreck and I was so weak that recovery seemed impossible. Rheumatism due to my impure and thin blood followed. My appetite was poor and I lost flesh.

"Finally I recalled having used Dr. Williams' Pink Pills years ago and decided to take them again. After using the first box I could see an improvement and took eight boxes with much benefit. My strength returned and I feel good now. I have great faith in Dr. Williams' Pink Pills and have recommended them to others. I also took Pinklets, the laxative pill, and think they are fine."

Nerves Were Unstrung.

Mrs. Lydia Abel, of No. 36 East Boundary avenue, York, Pa., found that Dr. Williams' Pink Pills effectively

checked the debilitating after-effects of influenza. She says:

"I had a severe attack of influenza and for a time my doctor thought I was going into pneumonia. The illness left me very weak and run down and nothing seemed to have the power to restore my lost strength. It was almost impossible for me to do my work, I tired so easily. My face was without color and all food tasted alike and I had no appetite for any of it. My nerves were unstrung and sick headaches became frequent.

"An article in a newspaper led me to give Dr. Williams' Pink Pills a trial and in two weeks I could see that my color had improved. The immediate results were so good that I kept up the treatment according to the printed directions for a period of six weeks and they made me as strong as I had been before the attack of influenza. I always keep Dr. Williams' Pink Pills on hand now and use them as a builder every time my blood loses tone. I have recommended the treatment to many friends who have been weakened by severe attacks of influenza and they are as enthusiastic over the merits of the treatment as I am."

Had Headaches Constantly.

To rebuild the blood, to strengthen the weakened nerves and to get back the lost flesh and strength is the problem of the victim of an attack of influenza. How Mr. Charles Darling of No. 14 West street, Bath, Me., accomplished this is best told in his own words.

"My doctor treated me successfully for the grip," he says, "but he did not seem to help the after-effects of the disease. I had headaches nearly all the time, my strength was nearly spent and I often had to lie down and rest. I was pale and lost in weight and had a dull, languid feeling most of the time. My blood was very thin and poor and my stomach troubled me."

"One day I got a box of Dr. Williams' Pink Pills at the drug store and after taking them for about a week I noticed my health was better. My headache was relieved and I was getting stronger. I have a better appetite and can eat anything I want. I no longer have that tired feeling, my color is normal and I am gaining in flesh."